



Watering

Description of activity	PAL
Watering pots and the garden	All
Time of Year	Time needed to complete activity
Spring through to late autumn	15 mins for pots, longer for the garden

Preparation

Tools and materials

1. Watering can with rose
2. Use a hose pipe with a soft spray



What to do

1. Poke a finger in the soil or pot to see if it needs watering.
2. Water around the base of the plant.
3. If it doesn't leave it another day and test again.
4. During dry conditions, it is best to water in the afternoon or evening when the plants aren't in direct sun.

Water is essential for a stress free, happy garden. Many plants appreciate a little extra, regular drink during dry conditions, and pots always want a constant, moist soil. Roots don't like to dry out. Watering is a nurturing activity that can be done whenever someone feels the desire to do it. It can give people a sense of responsibility and ownership of the garden helping them to bond with the space.

Extras

This activity can become part of a person's daily routine, creating a new habit or new process to learn, remember and perform over and over again.

Adaptations and variations

Using a hose rather than watering can will make the task accessible to those unable to carry a can. Watering cans are available in smaller sizes that might make this task easier. Small cups maybe more suitable for some or use bottle top waterers.



Weather contingency

This task can be done for indoor plants too, simply using a cup (ensure there's a saucer underneath!)