

Autumn Leaf Wreath



This Autumn Leaf Wreath is a simple, beautiful and thrifty way to decorate windows. Somehow they also manage to look rich, opulent and celebratory, so they are perfect on many levels!



What you will need

- Copper wire wreath bases - one per person.
- Newspaper or protective cloth
- Selection of leaves - Similar coloured leaves will create a cohesive look, but for a more eclectic feel, choose leaves of differing shades.
- Adhesive – PVA glue is good for this
- Paintbrushes or glue spreaders
- Ribbon or string

Benefits

- This is a good activity to encourage walking whilst collecting the leaves
- Placing the leaves will encourage creative and cognitive skills. It relies on making judgements about colour, size and texture.

Things to remember

- Autumn leaves provide a rich array of colours for a collage, and this is a great time of year to conduct this type of activity.



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How to



- Lay your copper wreath base on some newspaper or a protective cloth.
- Tie your hanging ribbon or string in place first.
- Encourage participants to lay the leaves out as in the picture above to get the positioning right.
- Use paintbrushes or glue spreaders to spread the PVA glue on to each leaf.
- Press each leaf on to the copper wire.
- Once they are all dry turn the leaf wreath over and pop a glue blob onto the wire and each leaf just to make them extra secure.
- This autumn leaf wreath looks perfect hanging in a sunny window rather than on a door so that you can really appreciate the wonder of nature's colours.



- This is an alternative design. Wrap the wire ring with wired ribbon and glue in place.
- Add pine cones and shiny conkers. You may need stronger glue to make these items stick.
- You could also try: feathers, shells, berries and seed heads. Teasels and grasses are effective and of course ivy, holly and other lovely winter evergreens are perfect later in the year.

To find out more visit: www.dementiagarden.org.uk
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